



**The University of Hong Kong
Faculty of Social Sciences
Department of Psychology**



Neuropsychological Rehabilitation of Emotional Disorders

By Dr. Huw Williams, University of Exeter, UK

Acquired Brain Injury (ABI) often leads to a range of physical, emotional, cognitive, and behavioural problems that compromise life and social roles. These roles are important outcomes to be achieved through neurorehabilitation – to be in work, to have friends, to have a family life. Moreover, these social roles may be critical in the recovery process and for emotional well-being. There are many challenges for survivors to re-gaining these roles. High rates of reactive mood disorders occur after ABI, particularly depression and anxiety. Also survivors may have neurologically based deficits in recognizing, understanding, and responding to, the emotions of others. Dr. Williams' team has identified critical phases in the development of such skills in children and adolescents with ABI. There is an emerging evidence base for managing such reactive disorders and neurologically based emotional disorders, particularly in the integration of Cognitive Behaviour Therapy (CBT) and Neurorehabilitation. Dr Williams will present cases to illustrate how disorders of emotion may be managed through neurorehabilitation.



Dr. Huw Williams *Associate Professor of Clinical Neuropsychology & Co-Director of the Centre for Clinical Neuropsychology Research, University of Exeter, UK*

Dr. Huw Williams gained his PhD and his Doctorate in Clinical Psychology from the University of Wales, Bangor. He worked in a number of Neuropsychological services in London. He was then on the founding staff team of the Oliver Zangwill Centre (OZC) for Neuropsychological Rehabilitation in Ely and Visiting Scientist at the Cognition and Brain Sciences Unit in Cambridge. In 2006 he was a Visiting Scholar at the Rehabilitation Studies Unit, University of Sydney, Australia. He has honorary positions with the OZC and the Royal Devon and Exeter Hospital's Emergency Department. He is the Chair of the Division of Neuropsychology of the British Psychological Society.

Date: April 3, 2009 (Friday)

Time: 6:30-8:30 p.m.

Venue: Room 624, 6/F, Knowles Building, HKU

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